

MISSION STATEMENT

To enhance the lives of seniors and adults with disabilities, their caregivers, and the community through innovative Adult Day Services, Activities, Education and Support.

VISION STATEMENT

Edwards Adult Day Services will be a dependable provider on the front lines providing Day Services, Activities, Education and Support for adults and caregivers that need our services.

Advance Medical Directive Facts

- Advance directives are designed to outline a person's wishes and preferences in regard to medical treatments and interventions.
- When a patient is incapable of making his/her own medical decisions, a health-care proxy can act on the patient's behalf to make decisions consistent with and based on the patient's stated will.
- Advance directive policies may differ from one state to another.
- Drafting a proper advance directive form may require assistance from your personal physician and an attorney.
- Advance directives are important documents that should be included with each individual's personal medical records.

Advance Directives:

The term "advance directives" refers to treatment preferences and the designation of a surrogate decision-maker in the event that a person should become unable to make medical decisions on his/her behalf.

Advance directives generally fall into three categories: living will, power of attorney, and health-care proxy.

Living Will:

This is a written document that specifies what types of medical treatment are desired should the individual become incapacitated. A living will can be general or very specific. The most common statement in a living will is to the effect that preferences, that family's and physicians' immense decision-making burden is lightened. At the same time, patient autonomy and dignity are preserved by tailoring medical care based on one's own choices regardless of mental or physical capacity.

Instructive directives (advance directives, living wills, and health-care proxy designation) are completed by a person with decision-making capacity. They only become effective when a person loses his/her decision-making capacity (mentally incapacitated). While a person maintains ability to make decisions, he/she is the ultimate decision-maker rather than the health-care proxy or surrogate decision-maker.

Caregiver Checklist

Are Adult Day Services Right for You and Your Loved One?

Complete this checklist to help determine if you and your loved one can benefit from the services that Edwards Adult Day Center provides.

1. Are you increasingly worried about the health and safety of an elderly loved one who:

- Needs regular health check-ups and cannot take prescribed medications without supervision?
- Can no longer be alone at home safely (e.g., wanders)?
- Requires assistance with personal care, such as eating, bathing, or dressing?
- Is more and more confused or forgetful?
- Has Alzheimer's or Dementia disease?
- Cannot do normal tasks without help?

If you said "yes" to any of these questions, your loved one will benefit from quality care in the safe, supportive environment at Edwards Adult Day Center.

2. Are you increasingly worried about the isolation or inactivity of a family member who:

- Has lost interest in hobbies or trying something new?
- Does not socialize or stay in touch with friends?
- Needs something to do with his or her time?
- Isn't eating well unless you plan for or prepare meals?
- Is alone a lot, and doesn't get out of the house much?
- Is losing physical strength, in part due to lack of exercise?

If you said "yes" to any of these questions, your family member can meet with friends and make every day full of life at Edwards Adult Day Center.

3. Are you providing care for, or worrying about an elderly family member?

- Are you neglecting your own health?
- Do you have outstanding errands on your "to do list"?
- Are you working or want to find a job?
- Do you feel overwhelmed, or like you're falling behind?
- Have you cut back on your own personal interests?
- Do you keep postponing your visits with friends and family, or the class you have been thinking about?
- Would rest from full-time care help you to be an even better caregiver?

If you said "yes" to any of these questions, Edwards Adult Day Center can share the caring so that you can be at your best.

Do something wonderful, call us today.

Encouraging Words for Caregivers:10 Quotes

1 "Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters."

-Amy Leigh Mercree

2 "Regardless of what challenge you are facing right now, know that it has not come to stay. It has come to pass. During these times, do what you can with what you have, and ask for help if needed. Most importantly, never surrender. Put things in perspective. Take care of yourself. Find ways to replenish your energy, strengthen your faith, and fortify yourself from the inside out."

-Les Brown

3 "There are only four kinds of people in the world: Those who have been caregivers. Those who are currently caregivers. Those who will be caregivers, and those who will need a caregiver."

-Rosalyn Carter

4 "Being deeply loved by someone gives you strength, while loving someone deeply gives you courage."

-Lao Tzu

5 "They may forget what you said, but they will never forget how you made them feel."

-Carl W. Buechner

6 "Caregiving often calls us to lean into love we didn't know possible."

-Tia Walker

7 "A good laugh and a long sleep are the two best cures for everything."

-Irish Proverb

8 "My caregiver mantra is to remember: the only control you have is over the changes you choose to make."

-Nancy L. Kriseman

9 "To care for those who once cared for us is one of the highest honors."

-Tia Walker

10 "To love a person is to see all of their magic, and to remind them of it when they have forgotten."

-Anonymous